



School Asthma Initiative



School Asthma Initiative provides asthma management techniques in the school setting. The program offers resources to child care centers, pre-schools and elementary and secondary schools to educate school personnel, students and child care staff about proper asthma management.

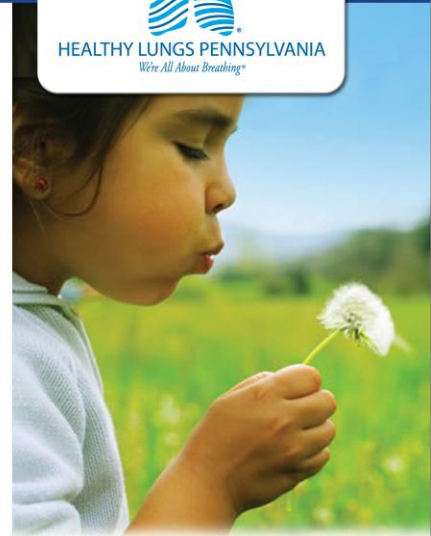


Camp Huff-n-Puff

Camp Huff-n-Puff is a four day residential camp adventure for children with asthma ages 8-13.

A volunteer medical staff of physicians, nurses, and respiratory therapists work alongside camp counselors to ensure that all campers learn about asthma self-management and have a safe and fun experience.

For more information,
call 1-800-220-1990
or visit www.healthylungs.org



Programs & Services



Cranberry Professional Park, 201 Smith Drive, Suite E,
Cranberry Township, PA 16066



About Healthy Lungs Pennsylvania

Healthy Lungs Pennsylvania has been dedicated to the prevention and control of lung disease in Western Pennsylvania since 1904.

Through our programs and services, we help local residents who suffer from respiratory ailments such as asthma or COPD, provide information and resources to health care professionals, as well as offer preventative lung health and smoking cessation resources.

Founded over 100 years ago to help combat tuberculosis in Western Pennsylvania, we have a long and rich history of promoting respiratory health in our community.

Today, our services have evolved to include program offerings for people with asthma and other chronic lung diseases as well as services for people looking to quit smoking. Healthy Lungs Pennsylvania has the ability to assist anyone wishing to learn more about their lungs and how to keep them healthy.

At Healthy Lungs Pennsylvania, *We're All About Breathing®*.

Support Healthy Lungs Pennsylvania



Each year, the average person takes approximately eight million breaths, and for those suffering from respiratory ailments, every individual breath can be a struggle.

Every dollar donated to our organization stays in Western Pennsylvania, allowing us to continue to provide our programs and services to over three million residents each year.

Breathing Partners



This free program provides support to individuals suffering from chronic lung disease. Members of Breathing Partners receive vital information and education on how to live with lung disease so that each breath is "smarter, not harder." Free membership includes a quarterly newsletter, cold weather mask and other helpful resources.

Smokeless Saturday



Smokeless Saturday is a one-day tobacco cessation and awareness program for students who have been found with tobacco on school premises. The program uses a positive approach to motivate, teach, and empower students to stop using tobacco.

Parents of Children With Asthma



Parents of Children With Asthma (POCWA) provides information and resources for parents to help them manage their child's asthma with confidence. Members of POCWA learn about common asthma triggers, symptoms and other disease management strategies.

Smoke-Free For Life



Smoke-Free For Life is an eight-session adult smoking cessation program that uses a group approach to quitting, while still focusing on the individual needs of each smoker. All aspects of tobacco use are addressed in the program. Smoke-Free For Life is appropriate for use in both a community and workspace setting.

TB Education



Healthy Lungs Pennsylvania offers public and professional tuberculosis (TB) education materials, training, and financial support for tuberculosis services & research. Professional programs include publication of tuberculosis treatment for patient care; TB skin test training; and our popular See-and-Touch TB arms for teaching skin test interpretation.